

THE OPTIONS BOOKLET

A Resources for Teens Interested in Alternatives to Military Service

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produced by

Western Massachusetts American Friends Service Committee

The American Friends Service Committee is a Quaker organization dedicated to nonviolence. We believe in the worth of every individual and have faith in the power of love to overcome violence and injustice.

Our office is in Florence (140 Pine Street, Rm. 10) and is open to everyone. Visit us on line: www.WesternMassAFSC.org. For more information about AFSC's youth-related work or to get some help exploring local options to military service, call Raul or Jo at 413.584.8975.

Emergency Contacts:

Child Abuse Reporting

1-800-842-5905

1-800-792-5200

Community Crisis Response Team (CCRT)

10 Park St, Greenfield, MA 01301

1-413-772-0871 x 27

ccrt@nelcwit.org

- ? Community professionals organized to help ease stress after a community crisis (homicides, terrorist attacks, drunk driving crashes, hate crimes, natural disasters etcetera)
- ? Traumatic stress debriefings (in-depth discussion)
- ? Crisis management briefings (shorter, designed for larger groups)
- ? Organizational consultations
- ? One-on-one crisis intervention
- ? Information and referral
- ? Library materials on trauma and violence

Domestic Violence Hotline

SafeLink

1-877-785-2020

1-877-521-2601 (TTY)

- ✍ 24 hour live response in English, Español, and TTY
- ✍ Translation into 140 languages
- ✍ Crisis prevention, safety planning, support, information and referrals
- ✍ Access to emergency shelter statewide
- ✍ All calls are confidential
- ✍ Offers a transitional living program and adolescent transitional living program

Emergency Assistance for Families (DTA)

72-100 Front Street, Holyoke, MA, 01041

1-413-552-5400 (English #1, Español #2)

1-800-249-2007 (provides housing options throughout the state)

- ✍ Provides food stamps and other social services
- ✍ Must call social worker first so that your information is on file before you go

Everywoman's Center

Wilder Hall, University of Massachusetts, Amherst, MA 01003

1-413-545-0883 (24 hour rape crisis)

- ✍ Rape survivor support groups, drop-in discussion groups for female survivors of sexual assault
- ✍ Free and confidential counseling services, teen services, counselor/advocate
- ✍ Specialized teen services
- ✍ All free and confidential

Hampshire County Toll-free Rape Crisis Hotline

1-888-337-0800

Massachusetts Behavioral Health Partnership

The Brien Center for Mental Health and Substance Abuse Services

333 East St., Pittsfield, MA, 01201

1-800-252-0227

1-413-499-0412

The Brien Center for Mental Health and Substance Abuse Services (North)

25 Marshall St., North Adams, MA 01247

1-413-664-4541

Massachusetts Behavioral Health Partnership (cont.)

Clinical & Support Options

305 Wells St, Greenfield, MA 01301

1-413-772-0245

ServiceNET Emergency Services

131 King St., Northampton, MA 01060

1-413-586-5555

Behavioral Health Network Inc.

121 Elm St., Holyoke, MA 01040-4450

1-800-437-5922 or 1-413-536-8274

Behavioral Health Network

342 Birnie Ave., Springfield, MA 01107

1-800-499-1123 or 1-413-747-0705

Carson Center for Human Services

77 Mill St., Westfield, MA 01085

1-413-568-6386

Runaway Hotline

1-800-621-4000

1-800-RUNAWAY

☞ 24 hour helpline

☞ Confidential

☞ Provides information before running away, on the run, and about going home

☞ If you have run away, Runaway Hotline will help find a place to stay, food, clothing, and legal and medical assistance

☞ Also see the Home Free information under transportation

Suicide Prevention

Youth – Samariteens 1-800-252-8336

✍ Open until 9pm

Samaritans 1-617-247-0220

✍ 24 hour helpline

National Suicide Prevention 1-800-273-8255

✍ 24 hour helpline

Abuse and Assault Services and Shelters:

Everywoman's Center

Wilder Hall, University of Massachusetts, Amherst, MA 01003

1-413-545-0883 (24-hour rape crisis)

- ✍ Offers rape survivor support group and drop in discussion groups for female survivors or sexual assault
- ✍ Free and confidential counseling services, teen education services, counselor/advocate, specialized teen services
- ✍ All free and confidential

Gay Men's Domestic Violence Project

PMB 131, 955 Massachusetts Ave., Cambridge, MA 02139

Main # 1-617-354-6056

Crisis # 1-800-832-1901

- ✍ 24 hour crisis line, monitored by trained volunteers and staff
- ✍ Emergency Safe Home, free of charge
- ✍ Call for support, emergency housing, referrals, education and information
- ✍ Community education and direct services for gay, bisexual, and transgender male victims/survivors of domestic violence
- ✍ Free and confidential

Men's Resource Center For Change

236 North Pleasant St., Amherst, MA 01002

1-413-253-9887

Contact: Alan Arnaboldi, Support Programs Director

- ✍ Supporting men and challenging violence
- ✍ Anti – violence programs to support men, challenge men's violence, and develop men's leadership in ending oppression

New England Learning Center for Women in Transition (NELCWIT)

24-hour crisis hotline: 413-772-0806 TTY

Toll Free: 1-888-249-0806 TTY

Linea calor en español (lunes-viernes, 12-5 p.m.): 1-800-223-5001, 1-800-688-4889 TTY

Greenfield (Main Office): 10 Park Street, Greenfield, MA 01301, 1-413-772-0871

Athol: 312 Main Street, Athol, 1-978-249-2938

Orange: 34 North Main Street, Orange, 1-978-544-0270

Long Avenue Programs: 17 Long Avenue, Greenfield MA 01301, 1-413-772-2414

- ✍ All services free of charge
- ✍ Crisis counseling and advocacy
- ✍ 18 bed confidential shelter for women and children escaping domestic violence
- ✍ Counseling and advocacy for children who have witnessed violence
- ✍ Legal advocacy, including assistance with restraining orders
- ✍ Support groups on topics such as relationship issues and assertiveness

New England Learning Center for Women in Transition (NELCWIT) (cont.)

- ✍ Domestic Violence Intervention Project works in conjunction with police departments to provide support at night and on weekends for domestic violence victims
- ✍ Survivors' Project offers a community of support for survivors of abuse and their allies
- ✍ Trainings and workshops on teen dating violence, healthy relationships, domestic violence, and sexual assault to community groups such as high school and middle school classes, professional organizations, churches, and civic groups
- ✍ Assistance to communities and groups that have experienced violence or other tragedies

Safe Passage

42 Center St., Suite G, Northampton, MA 01060

Main # 1-413-586-1125

Crisis# 1-413-586-5066

Toll-free hotline# 1-888-345-5282

- ✍ Help with emergency needs
- ✍ Domestic violence support
- ✍ Free and confidential
- ✍ Available in English and Spanish
- ✍ Crisis support, individual counseling, support groups, advocacy, disability services
- ✍ Safe house
- ✍ Referrals/resources
- ✍ Court-based advocacy, legal service
- ✍ Safety plan for animals

Womanshelter / Compañeras

24 Hour hotline:1-877-538-9717

To contact the shelter online and confidentially, fill out the form here:

<http://www.womanshelter.org/contactus.html>

- ✍ Emergency shelter
- ✍ Individual counseling
- ✍ Support groups in English and en español
- ✍ Medical, financial and housing advocacy
- ✍ In-court legal advocates • Comprehensive teen services
- ✍ Child advocacy and programming
- ✍ Community education
- ✍ Information and referrals

Community Based Support and Advocacy:

AlAnon

85 Crescent St., Greenfield, MA 01301

1-413-253-5261

- ✍ Fellowship for those whose lives have been affected by drug use directly or indirectly
- ✍ Call for information on meetings and locations

Alateen

PO Box 574, Northampton, MA 01061

1-413-253-5261

- ✍ A resource for teens who have been affected by drug use directly or indirectly
- ✍ Focuses on insight and understanding of the problems of its own members

American Friends Service Committee

140 Pine St., Florence, MA 01062

1-413-584-8975

Contact: Jo Comerford, Program Coordinator

- ✍ Dedicated to improving communities through peace and unity
- ✍ AFSC-Western Mass. uses education and community dialogue to make the broader connections between militarism, economic disparity, and violence, and actively promote ways that people can break the cycle of violence which fosters these connections

ARISE for Social Justice

94 Rifle St., Springfield, MA

1-413-734-4948

- ✍ Dedicated to the education, organization and uniting of low-income and people on entitlement programs to know what their rights are and to stand up for their rights
- ✍ To educate the community at large as to its common interests in the social rights and economic justice for low-income people
- ✍ To educate low-income peoples about the political process and encourage their participation in that process
- ✍ To educate people to fight oppression in all it's manifestations

Casa Latina

Florence Community Center, 140 Pine St., Rm. 5, Florence, MA 01062

1-413-586-1569

Contact: Jossie Valetin

Open Monday through Friday 9am-4:30pm

- ✍ Center for popular education and consciousness raising through critical thinking
- ✍ Operates a medical interpreters program in conjunction with local hospital

Center for New Americans

17 New South St., Northampton, MA 01060

1-413-587-0084

- ✍ Please see the Education and Employment Training portion for a full listing

CEPA (Centro de Educación, Prevención y Acción)

330 Appleton St., Holyoke, MA 01040 (drop-in center)

1-413-535-1947

Contact: James Arana, Program Director

Hours: M-F, 9 a.m. to 5 p.m.; Thursday until 8:30 p.m.

- ✍ Group discussions about HIV/AIDS and substance abuse issues
- ✍ Daily drop in center
- ✍ CEPA will be expanding its outreach to intravenous drug users and women who exchange sex for drugs or money. They plan to start a women's group in the near future for women who are at a higher risk for HIV infection
- ✍ CEPA provides information and referrals to other organizations, as needed, as well as transportation to detox and other rehab programs

Community Foundation of Western Massachusetts

PO Box 15769, Springfield, MA 01150

1-413-732-2858

- ✍ Collects charitable funds for a wide variety of purposes
- ✍ Supports nonprofit organizations that offer programs in the arts, education, human services, healthcare, housing, and the environment
- ✍ Works to improve the quality of life in the region

Disability Determination

PO Box 8009, Worcester, MA 01614

1-508-752-5001

1-800-551-5532

1-800-882-2040 (Boston)

Dunbar Community Center

33 Oak St., Springfield, MA 01109

1-413-788-6143

- ✍ Provides mentoring services to African-American and Latino youth who live in the Enterprise Community neighborhoods of Springfield
- ✍ Works to reduce the rate of high school dropouts by providing youth with opportunities to develop strong relationships with adult mentors

Easthampton Community Center

12 Clark St., Easthampton, MA, 01027

1-413-527-5240

Contact: Paula Cykowski

Hours: 8am – 3pm

Easthampton Community Center (cont.)

- ✍ Services provided for Easthampton, Southampton and Westhampton residents, must bring proof of residency
- ✍ Home of Easthampton Community Care (Food, Shelter and Clothing)
- ✍ Located on the PVTA bus line (see under transportation)

Emergency and Crisis Stabilization Services

140-144 High St., Greenfield, MA 01301

1-413-774-5411

1-800-562-0112

- ✍ Telephone hotline, immediate counseling, respite program
- ✍ Handicapped accessible
- ✍ Face to face evaluations
- ✍ Outreach intervention, consultation

Family Counseling Center

235 Chestnut St., Springfield, MA 01301

1-413-734-4978

Offices in Greenfield, Amherst, Springfield, Holyoke, Chicopee, and Pittsfield

Contact: Jane Lynch

- ✍ Family, individual and couples therapy counseling
- ✍ Spanish speaking clinicians available
- ✍ Addresses issues of trauma recovery, domestic abuse, loss, depression, substance abuse, anxiety, divorce, grief, foster care, and parenting
- ✍ There is no wait list

First Call for Help

557 Easthampton Rd., Northampton, MA, 01060

1-413-582-4237

1-800-339-7779\

Hours: Mon-Fri, 9a.m.- 4:45 p.m.

- ✍ Referrals for emergency fuel, food resources, housing concerns, financial problems, health care and more.
- ✍ Publishes regional "Social Services Directory"

Franklin Community Action Corporation

399 Main St., Greenfield, MA 01301

1-413-774-2318

- ✍ Call for complete list of services
- ✍ More services listed under Sexuality Specific Organizations, Pregnancy and Parenting Services and Youth Centers and Programs

Massachusetts Workers' Rights – Jobs with Justice

3353 Washington St., Boston, MA 02130

1-617-524-8778

- ✍ Resources on labor, community organizations, and organizing tools

Massachusetts Workers' Rights – Jobs with Justice (cont.)

- ✍ Dedicated to working together with community organizations to build unity and support for the struggles of working people

Nuestras Raices

329 Main St., Holyoke, MA 01040

1-413-535-1789

- ✍ Promotes economic, human and community development in Holyoke
- ✍ Provides a way for residents of downtown Holyoke to maintain a connection to their culture while putting down roots in their new home
- ✍ Projects based on agriculture, such as markets and community gardens
- ✍ Use the skills and knowledge that participants already have to improve their community and teach a younger generation

Puerto Rican Cultural Center

38 School St., Springfield, MA 01107

1-413-737-7450

- ✍ Provides GED classes in English for 16 – 21 year old residents of Holyoke and Chicopee (Contact: Jose Sustache 1-413-533-4424)
- ✍ Provides evening courses to any adult, aged 16 years old and older
- ✍ Evening courses meet Monday through Thursday, from 6pm – 8pm
- ✍ Evening courses offered in: Pre-GED and GED classes in Spanish, Native (Spanish) language literacy, English language literacy, ESOL (4 levels – beginning through advanced)
- ✍ Childcare is available in the evenings for children ages 1 through 12, younger children must be toilet trained
- ✍ Offers day GED classes in Spanish for out-of-school young adults ages 16 – 21, classes meet Monday through Friday, 9am – 1pm
- ✍ Pre-GED classes in Spanish for parents of young children (under 4 years old), two distinct classes run Monday through Friday, one from 9am – 12 noon, the other from 1pm – 4pm. Childcare is provided. These classes are for Springfield residents only

Spectra Center

734 State St., Springfield, MA, 01109

1-413-737-9544

- ✍ Transitional services from incarceration
- ✍ Pre-release program
- ✍ Shop lifting education program
- ✍ Clean slate and parent's opportunity programs
- ✍ Child and family services
- ✍ Psychiatric services

Spanish American Union

2335 Main St., Springfield, MA 01107

1-413-734-7381

Contact: Maria Morales-Lobel, Executive Director

Hours: Monday through Friday, 9am – 5pm

- ✍ Supports and educates in order to foster individual, community and institutional change.
- ✍ In Health Circles, participants teach, learn, and explore ways of creative positive change in their personal, family and community life
- ✍ Provides ongoing community networking and support, and social and cultural activities
- ✍ The Adolescent Family Project provides advocacy and support for pregnant Latina teens and their families
- ✍ The Latino/a Elderly Project provides training of peer advocate volunteers with ongoing health education and prevention
- ✍ Women's health connections aid low income and uninsured Latina, African-American, AmerAsian/Vietnamese and Russian women in the areas of high risk pregnancy, breast cancer, and general women's health
- ✍ The Health Assistance Project provides community outreach and education to AmerAsian/Vietnamese women

Springfield Vietnamese American Civic Association

433 Belmont Ave., Springfield, MA 01108

1-413-733-9373

Contact: Juliette Nguyen, Director

- ✍ Supports Vietnamese immigrants and refugees to become self-sufficient and to help them adjust to American society
- ✍ Advocates for the concerns and interests of the Southeast Asian community through liaison work with local social service agencies
- ✍ Community outreach programs include ESL courses, citizenship classes, voter registration, tutoring, after-school programs, health workshops and counseling services
- ✍ Highlights cultural sharing by educating individuals, teachers and social service agencies about Vietnamese history, culture and traditions
- ✍ Works to educate members of the Vietnamese community about the history and culture of different ethnic groups in America through cultural classes and recognition of holidays and events celebrated by different groups
- ✍ Youth Program offers after-school tutoring, recreational activities, field trips, support groups, health education and cultural activities

Traprock Peace Center

103a Keets Rd., Deerfield, MA 01342

www.traprockpeace.org

1-413-773-7427

Contact: Sunny Miller

- ✍ Info on Conscientious Objection, Draft Counseling and training for draft counselors

Traprock Peace Center (cont.)

- ✍ Resources and action for opposing radioactive weapons in the military
- ✍ Support for student activists (www.campusantiwar.net)
- ✍ Speakers for schools, colleges, civic gatherings and holidays
- ✍ Co-sponsor for annual Peacemakers Prize for students

Urban League of Springfield

756 State St., Springfield, MA 01109

1-413-739-7211

- ✍ Works to enable African-Americans, other minority groups, and the underprivileged to cultivate their potential and exercise their full human rights as American citizens
- ✍ Intervenes in social and economic structures where the interests of African Americans, other racial minorities and economically underprivileged are at stake
- ✍ Assists members of the African-American, other minority communities and economically underprivileged in developing strategies and techniques to bring about positive changes in policies and situations that adversely affect their lives
- ✍ Works with existing institutions to make them more responsive to the needs of African-Americans, other minority communities and economically underprivileged in the community
- ✍ Mobilizes and organizes community groups to work toward developing alternatives to systems identified as inadequate
- ✍ Conducts specialized programs and/or provides services in any or all of the areas toward strengthening the growth and development of individuals and families in African-American, other minority communities and economically underprivileged
- ✍ Education, housing, employment, economic development, urban affairs, community development, law and consumer affairs, social welfare, and citizenship

Western Massachusetts Center for Healthy Communities

489 Whitney Ave., Holyoke, MA 01040

1-413-540-0600

1-800-850-3880

- ✍ Promotes partnerships among regional and local public health leaders
- ✍ Promotes collaboration among communities to reduce the use of alcohol, tobacco, and other drugs, particularly among youth and young adults
- ✍ Mobilize youth and young adults for leadership and civic action

Sexuality Specific Organizations:

Franklin Community Action Corporation

399 Main St., Greenfield, MA 01301

1-413-774-2318

- ✍ GLASS – gay, lesbian and straight society
- ✍ Young adults who meet weekly
- ✍ Creates a safe/supportive environment and provides accurate information about sexual identity
- ✍ Facilitates services to support GLBT young adults
- ✍ Ages 19-25
- ✍ More under Community Based Support and Advocacy

Out Now, Inc.

125 Main St., Springfield, MA 01105

1-413-736-4610

1-888-429-9990

Contact: Holly Richardson, Advisor (cell: 1-413-348-8234)

Drop-in Wednesdays from 5-7 pm, Youth Group Meeting Friday 4-6 pm

Peer Listening Line: 1-800-399-7337 Monday through Friday 4-10 pm

National Teen Gay/Lesbian Hotline: 1-800-347-8336

- ✍ Lesbian, gay, bisexual, transgender, two-spirit, queer, questioning and allied youth organization for the greater Springfield area

Pride Zone

34 Maplewood Shops, Northampton, MA 01060 (basement space)

1-413-584-1116

- ✍ Drop-in center
- ✍ Youth center for gay, lesbian, bisexual, transgender, questioning, queer and straight ally
- ✍ Youth aged 13-21

Food, Shelter and Clothing:

Amherst Survival Center

1200 North Pleasant Street, North Amherst, MA 01002

1-413-549-3968

Contact: Evangeline Wescott, Director

Open Monday to Friday, no Wednesdays

- ✍ Free clothing, house wares and small appliances
- ✍ Showers available
- ✍ No in-house shelter, but does provide referrals
- ✍ Amherst and towns in Hampshire county, except Ware and Northampton

Easthampton Community Care

12 Clark St., Easthampton, MA 01027

1-413-527-5240

Contact: Paula Cykowski

Open Monday to Friday, 8am-3pm

- ✍ At Easthampton Community Center (Community Based Support and Advocacy)
- ✍ Located on the PVRTA bus line (Transportation)
- ✍ Provides groceries to people who are unemployed, recipients of the WIC program, or are in need (all ages, low income)
- ✍ Free hot supper every second Tuesday of each month
- ✍ Services provided for Easthampton, Southampton and Westhampton residents, must bring proof of residence

Food Bank of western Massachusetts

P.O. Box 160, Hatfield, MA 01038

1-413-247-9738

www.foodbankwma.org

- ✍ Distributes food to regional food pantries
- ✍ List of local pantries available on-line (www.foodbankwma.org/dropoff.htm)

Northampton Survival Center

256 Prospect Street, PO Box 773, Northampton, MA 01060

1-413-586-6564

Contact: Carol Rothery

Open Monday, Wednesday, Friday from 11am-2pm, Tuesday and Thursday 4pm-7pm

- ✍ Distributes food, clothing, toys, books, shoes, some household items (no furniture)
- ✍ Serves: Northampton, Easthampton, Southampton, Westhampton, Williamsburg, Chesterfield, Worthington, Cummington, Haydenville, South Hadley, Hatfield, Leeds, Hadley, Goshen
- ✍ Extra food packages to school age children all throughout summer vacation

A Family's Place

280-290 Oak St., Holyoke, MA 01040

1-413-272-2201

1-413-272-2208

- ✍ Services in English and Español
- ✍ Provides advocacy and referrals

Broderick House

56 Cabot St., Holyoke, MA 01040

1-413-534-7610

Broderick House (cont.)

- ✍ English and Spanish
- ✍ Advocacy
- ✍ Counseling
- ✍ Food, clothing, medical care, transportation for housing appointments

Dial Self

196 Federal St., Greenfield, MA 01301

1-413-774-7054 (general)

1-878-0698 or 1-413-774-7054 ext. 102 (TeenLine)

Contact: Will

- ✍ Shelter for youths ages 11-22
- ✍ Application process in order to get into the program

Greenfield Family Inn

128 Federal Street, Greenfield 01301

1-413-774-6382

Contact: Fran Lemay

- ✍ Emergency housing for families in need
- ✍ Helps the family get back on its feet
- ✍ Housing search, job search, food, clothing, transportation, and access to any program the family may need

Grove St. Inn

91 Grove St., Northampton, MA 01060

1-413-586-6001

- ✍ Longer-term housing for homeless families and individuals

Cot Shelter

43 Center St., Northampton, MA 01060, 1-413-586-6750

Contact: Mike Tremblay

- ✍ Overnight and emergency shelter
- ✍ Counseling for housing search, training, schooling
- ✍ MD and nurse referral to health care agencies

HAP, Inc. – Regional Housing Partnership

322 Main St., Springfield, MA 01105

1-800-332-9667

Contact: Ivette Gonzalez

- ✍ Housing assistance
- ✍ Consumer education center for housing questions, concerns and help

Housing Discrimination Project, Inc.

57 Suffolk St., Holyoke, MA, 01040

1-413-539-9796

Jessie's House

143 West St., Northampton, MA 01060

1-413-586-8212

- ✍ English and Spanish
- ✍ Counseling for violence and child abuse
- ✍ Education on safety, sexuality, substance abuse and literacy
- ✍ Offers victim and family services, as well as advocacy
- ✍ Long term emergency housing facility

Massachusetts' Coalition for the Homeless

8 Winter St., Suite 402, Boston, MA 02108

1-781-595-7570

- ✍ Provides referrals for housing and legal services

Orange Family Inn

88 East St., Orange, MA 01364

1-978-544-8245

- ✍ Counseling
- ✍ Three meals a day
- ✍ Clothing
- ✍ Referrals

Health Care:

Community Health Center of Franklin County

338 Montague City Rd., Turner's Falls, MA
1-413-772-3748

- ✍ Preventative health care, women's health, immunization, lab work, and dental
- ✍ All welcome regardless of ability to pay

Hampshire Health Access

56 Vernon St., Northampton, MA 01060
Mailing: Hampshire Health Access, 557 Easthampton Rd., Northampton, MA 01060
1-413-582-4230 (x. 105)
Contact: Karen Rubin

Open Monday through Friday 9am-3pm

- ✍ Uninsured or underinsured
- ✍ A program to provide affordable healthcare to financially eligible uninsured or underinsured Hampshire county residents
- ✍ Eye exams, limited mental health services, substance abuse services, some alternative care and limited dental

Hampshire Health Connect

30 Locust St., Northampton, MA 01060 (Cooley Dickinson Hospital)
1-413-582-2848

Contact: Sonia Bouvier, Director

Open Monday through Friday 8:30am-5pm (outside appointments by special arrangement)

- ✍ Low-income, uninsured/underinsured residents of Hampshire County and surrounding areas (screening for eligibility)
- ✍ Provides assistance in completing applications for following programs: MassHealth, Medical Security Plan, Prescription Advantage, Free Hospital Care or Reduced Fee Care, Insurance Partnership, Citizens' Health, Children's Medical Security Plan
- ✍ Provides advocacy and education: ongoing case management and follow-up services; educates clients on how to best use available health care services; advocates on behalf of clients with billers, insurers, etc.

Hampshire Outreach

43 Center St., Northampton, MA 01060
1-413-582-4264

1-413-586-2394 (emergency number)

Contact: Pam Stevens, Director

- ✍ For homeless
- ✍ Healthcare, food pantry, substance abuse counseling, emergency shelter

Harm Reduction Services / Needle Exchange

16 Center Street, 4th Floor, Northampton, MA 01060, 1-413-586-0310 or 1-800-696-7752
Hours: Monday-Friday 7am – 5pm, closed from 10am - 11am

Harm Reduction Services / Needle Exchange (cont.)

- ✍ Needle Exchange
- ✍ Community Outreach and Education
- ✍ HIV Counseling and Testing
- ✍ Assistance in accessing health services
- ✍ Overdose Prevention Education
- ✍ Hepatitis A B Vaccination
- ✍ HIV/AIDS and Hepatitis C Education

HealthCare Clinic – College Church Health Project

48 Pomeroy Terrace, Northampton, MA 01060

1-413-586-0057

Open Tuesdays from 7-8:30pm

- ✍ Free clinic for people without insurance
- ✍ Staffed by volunteer doctors and nurses
- ✍ Church members also fund a prescription drug assistance program

La Voz - Outreach to Latino injection users

39 Mulberry Street, Springfield, MA 01105

1-413-734-8766

- ✍ Community Outreach and Education
- ✍ HIV Counseling and Testing
- ✍ Case Management
- ✍ Overdose Prevention Education
- ✍ Resources and Referrals
- ✍ HIV + Services
- ✍ Hepatitis A & B Vaccination

The Salvation Army

27 Brewster Court, Northampton, MA 01060

1-413-586-5043

Open for applications Monday through Friday 9am - 12noon

- ✍ Vouchers for free prescription drugs to qualifying residents of Hampshire County
- ✍ Need picture ID and proof of address

Tapestry Health

27 Pray St., Amherst, MA 01002

1-413-582-9992

Hours: Monday to Friday 10am - 4:30pm, Tuesday 10am - 7pm

Athol Memorial Hospital, Medical Arts Bldg., 80 Mechanic St., Athol, MA 01331

1-978-249-2013

Hours: Wednesday 12pm – 4:30pm, no rapid HIV tests after 3pm, please call for appointment

Tapestry Health (cont.)

15 A Main St., Holyoke, MA 01040

1-413-536-8777

Hours: Monday 12pm – 7pm, Tuesday and Friday 10am – 5pm, Wednesday and Thursday 12pm – 5pm

Fairview Hospital (2nd floor), 29 Lewis Ave., Great Barrington, MA 01230

1-413-528-4238

Hours: Monday and Thursday 4:30pm – 8pm

80 Sanderson St., Greenfield, MA 01301

1-413-773-5403

Hours: Monday, Wednesday, Thursday, and Friday 10am – 4:30pm, Tuesday 10am – 7:30pm, no rapid HIV tests after 3pm or on Fridays

85 Main St., Suite 328, North Adams, MA 01247

1-413-663-8846

Hours: Monday and Thursday 12pm – 5pm, Wednesday 2pm – 7pm

16 Center St., Northampton, MA 01060

1-413-586-2539

Hours: Mondays and Thursdays 10am – 7:30pm, Tuesdays, Wednesdays and Fridays 10am – 4:30pm

100 Wendell Ave., Suite 1, Pittsfield, MA 01201

1-413-443-2844

Hours: Monday, Wednesday, Thursday and Friday 11am – 5pm, Tuesday 12pm – 7pm

39 Mulberry St., Springfield, MA 01105

1-413-733-6639

Hours: Mondays and Wednesdays 8:30am – 7pm, Tuesdays, Thursdays and Fridays 8:30am – 4:30pm

Noble Hospital, 115 West Silver St., Westfield, MA 01085

1-413-733-6639

- ✍ Hours for appointments and walk-ins: Call for information or appointment
- ✍ Men and women eligible regardless of ability to pay or insurance
- ✍ Confidential healthcare and counseling on all reproductive health issues; birth control, pregnancy and HIV testing, etc.
- ✍ Referrals
- ✍ Walk ins welcome

WIC (Women, Infants and Children Nutrition Program)

Amherst: 150 Fearing Street, Amherst, 1-413-549-6825

Athol: 359 Main Street, Athol, 1-978-249-2373

Buckland: 3 State Street, Buckland (above McCusker's Market)

WIC (Women, Infants and Children Nutrition Program) (cont.)

Greenfield: 393 Main St., Greenfield, 1-413-376-1160

Montague: Community Health Center of Franklin County, 338 Montague City Road,
Turners Falls, 1-413-774-7034 x 106 to schedule

Northampton: Tapestry Health, 15 Straw Avenue, 1-413-584-3591

Orange: 135 East Main Street, Orange, 1-978-544-8124

Springfield: Mason Square, 11 Wilbraham Rd., Springfield, 1-413-734-3133

Springfield: Main St., 1985 Main St., Springfield, 1-413-737-8868

Springfield: Baystate Hospital, Chestnut St., Springfield, 1-413-784-8099

Ware: Mary Lane Hospital, 85 South Street Ware, 413-967-2163

West Springfield: 425 Union St., West Springfield, 1-413-734-1381

✍ Food checks

✍ Nutritional information

✍ Breastfeeding support

✍ Immunization (screenings and referrals)

✍ Referrals to medical services, AFDC, Medicaid, fuel assistance, etc.

HIV/AIDS Specific Services:

AIDS Action Hotline

1-800-235-2331 (English and Spanish)

1-617-437-1872 (TTY)

Open Monday through Friday 9am-9pm, Saturday 10am-2pm

AIDS Care/ Hampshire County

PO Box 1299, Northampton, MA 01061

1-413-586-8288

- ✍ Provides case management
- ✍ Comprehensive support services to people living with HIV infection, their family and friends

Franklin County AIDS Services

80 Sanderson Street, Greenfield, MA 01301

1-413-773-8888

- ✍ Case Management
- ✍ Volunteer Buddies
- ✍ Alternative Health Care
- ✍ Food & Transportation

HIV/AIDS Services

365 Bay Street, Springfield, MA 01109

1-413-747-5144

- ✍ WMASS Men's Health Project
- ✍ Resources and Referrals
- ✍ Community Outreach and Education
- ✍ HIV Counseling and Testing
- ✍ Hepatitis A & B Vaccination
- ✍ Case Management
- ✍ Food & transportation
- ✍ AM/FM (Substance Abuse Treatment and HIV Prevention)

The National AIDS Hotline

1-800-342-AIDS (English, 24 hour)

1-800-344-7432 (Spanish, 7 days, 8am-2am ET)

WMASS Men's Health Project (MHP)

HIV/AIDS prevention and outreach for men who have sex with men

(413) 747-5144

- ✍ HIV counseling and testing
- ✍ Free and anonymous to qualified individuals

Legal Services:

Victim and Witness Assistance Program

1-413-586-5780

Western Massachusetts Legal Services

Greenfield: 1-413-774-3747

Northampton: 1-413-586-4034, 1-800-639-1309

Pittsfield: 1-413-499-1950, 1-800-639-1509

Springfield: 1-413-781-7814, 1-800-639-1109

✍ For families that have been denied or terminated from shelter

Heisler, Fields and Feldman Law Firm

1145 Main Street, Suite 215, Springfield, MA, 01103

1-413-788-7988

✍ four-attorney private legal aid office in Springfield

✍ handles matters involving consumer issues, tenants' rights, and all types of discrimination

Pregnancy and Parenting Services:

Children's Aid and Family Services

8 Trumbull Rd., Northampton, MA 01060
1-413-584-5690

- ✍ Individual and group child therapy
- ✍ Family and group counseling for adolescents and adults on family issues
- ✍ Supervised visitation services for non-custodial parents
- ✍ Parent aids for young families where there is a possibility of abuse
- ✍ Adoption services include: placement of infants for a fee, foster care for infants, counseling for birth mothers, services to those wishing to adopt a special needs child, placement of children with emotional/physical disabilities
- ✍ Support groups

Family Counseling Center

235 Chestnut St., Springfield, MA 01301
1-413-734-4978

Contact: Jane Lynch

Franklin Community Action Corporation: Parent Child Development Center

393 Main St., Greenfield, MA 01301, 1-800-370-0940

Greenfield Community College Classroom, 1-413-773-9293

North Orange Center, 1-978-575-0522

Central St. Preschool, 34 Central St., Turner's Falls, MA 01376, 1-413-863-2270

Conway St. School, Greenfield, MA 01301, 1-413-773-5342

G St. Center, Turner's Falls, MA 01376, 1-413-863-9547

Washington St. Preschool, 86 Washington St., Greenfield, MA 01301, 1-413-774-4747

- ✍ More services under Community Based Support and Advocacy

Healthy Families

423 Main Street Athol, MA 01331, 1-978-249-7481

Franklin Community Action Corporation, 393 Main St., Greenfield, MA 01301, 1-413-774-2318

Massachusetts Society for Prevention of Cruelty to Children, 113 Hampden St., Holyoke, MA 01040, 1-413-532-9446

Child Care of the Berkshires (North Adams), 210 State St., North Adams, MA 01247, 1-413-664-6104

Children's Aid and Family Service, 8 Trumbull Road, Northampton, MA 01060, 1-413-584-5690

Child Care of the Berkshires (Pittsfield), 152 North St., Suite 135, Pittsfield, MA 01201, 1-413-445-4324

Massachusetts Society for the Prevention of Cruelty to Children, 235 Chestnut St., Springfield, MA 01103, 1-413-734-4978 ext.102

- ✍ Free and confidential service for parents under 20
- ✍ In-home visits from counselors to help meet goals
- ✍ Networking and opportunities to meet other young parents

National Network of Abortion Funds

Hampshire College, Amherst, MA 01002

1-413-559-5645

1-800-772-9100 (If you need help paying for an abortion)

- ✍ Offers financial support to women considering abortion
- ✍ The right to choose abortion is meaningless without access
- ✍ Facilitates support for existing funds, provides support for the creation of new funds, and advocates at the national level

Planned Parenthood

110 Maple St., Room 215, Springfield, MA 01105

1-413-732-1620

1-413-642-5665

1-800-258-4448 (for appointments and information)

Clinic Director: Jessica Wolff

Open 8am-4pm

- ✍ Family planning and counseling
- ✍ Medical advocacy
- ✍ Reproduction healthcare
- ✍ STD testing
- ✍ Contraception availability
- ✍ Flexible, caring and trusted
- ✍ Confidential

Spectra Center

734 State St., Springfield, MA, 01109

1-413-737-9544

- ✍ Info under Community Based Support and Advocacy

Spanish American Union

2335 Main St., Springfield, MA 01107

1-413-734-7381

- ✍ Please see the full listing under Community Based Support and Advocacy

Tapestry Health

Women's Health Network

16 Center St., Northampton, MA 01060, 1-413-582-0192 or 1-413-586-2539

27 Pray St., Amherst, MA 01002, 1-413-548-9992

80 Sanderson St., Greenfield, MA 01301, 1-413-773-5403

- ✍ GYN care
- ✍ Affordable and confidential birth control services
- ✍ Emergency contraception
- ✍ Pregnancy testing and options counseling
- ✍ HIV counseling/testing
- ✍ Breast exams
- ✍ More services listed under Health Care

YWCA

6 Myrtle Street, Northampton, MA 01060, 1-413-586-6807 (office and relocation support)

1 Clough St., Springfield, MA 01118, 1-413-732-3121

Open: Monday through Friday, 9am-5pm

- ✍ Meeting the critical needs of women and girls in the community
- ✍ Provides responsive and responsible services
- ✍ Programs geared to the safety, education and well-being of women
- ✍ Offers shelter, counseling, legal/court advocacy, outreach and support groups
- ✍ Pre-employment services

Youth Centers and Programs:

El Arco Iris Youth and Community Center

60 Hamilton St., Holyoke, MA 01040

1-413-532-2360

- ✍ A unique multi-disciplinary after-school program
- ✍ Utilizes the arts and other activities to enhance the development of young people, increase their appreciation of arts and culture, and to engage youth in improving their community
- ✍ Offers classes in the arts
- ✍ Promotes cultural pride and appreciation
- ✍ Supports and trains youth in leadership skills
- ✍ Engages youth in community service learning
- ✍ Provides tutoring and offers recreational activities and field trips
- ✍ Serves primarily low income Latino youth ages 9 – 19
- ✍ Free of charge

Big Brothers Big Sisters Program

Bangs Community Center, 70 Boltwood Walk, Amherst, MA 01002

1-413-253-2591

Open 7am-7pm

- ✍ A service for young youth to get some type of activity and role models to guide them through life
- ✍ The age ranges up to age 16
- ✍ Free

The Care Center (Teen Resource Project)

247 Cabot, Holyoke, MA 01040

1-413-532-2900

- ✍ Programs that work with young mothers to help them continue their education and other interests while also meeting the needs of a mother
- ✍ Help in developing the necessary skills to be successful in life such as self-discipline, compassion, tenacity, and a sense of community

Generating Tomorrow's Future Today

1655 Main St., Suite 301, Springfield, MA 01003

1-413-351-0124

- ✍ Youth Development organization dedicated to helping young people master their creative development and expressive selves
- ✍ Uses the entertainment industry and its various business and technical aspects as a vehicle for success
- ✍ Serves youths ages 5 – 21, and adult artists

Boys and Girls Clubs

580 Meadow St., Chicopee, MA 01013, 1-413-592-6707

70 Nick Cosmos Way, Holyoke, MA 01040, 1-413-534-7366

Boys and Girls Clubs (cont.)

- ✍ More than 25 national programs are available in the areas of education, the environment, health, the arts, careers, alcohol/drug and pregnancy prevention, gang prevention, leadership development and athletics
- ✍ Programs in character and leadership, education and careers, health and life skills, the arts, sports, fitness and recreation, and specialized programs

Franklin Community Action Corporation: Youth Program

154 Federal St., Greenfield, MA 01301

1-413-774-7028

- ✍ More services under Community Based Support and Advocacy

Girls, Inc

52 Nick Cosmos Way, Holyoke, MA 01041

1-413-532-6247

- ✍ Advocate for an environment where girls value education, explore career choices not limited by their gender, respect and care for themselves, actively work for positive change as leaders in their community, explore their creativity and self-expression, and embrace all types of diversity
- ✍ Programs are offered after school, in summer camps, sports, mentoring, youth development and outreach

Holyoke Youth Alliance

167 Chestnut St., Holyoke, MA 01041

1-413-532-4295

Contact: Adi Bemak

Elsie Rodriguez

- ✍ Networking and advocacy
- ✍ Professional development through workshops, brown bag lunch discussions and other forums
- ✍ Resource Development
- ✍ Available in English and Espanol
- ✍ Monthly meeting: Every third Thursday of the month from 11am – 1pm at the Holyoke Planning Department, Room 403

New North Citizens Council (Youth United for Peace Program)

2383 Main St., Springfield, MA 01107

1-413-747-0090

- ✍ HIV education and prevention
- ✍ AIDS Teen Team, teens provide outreach services to their peers and share prevention messages and referral information
- ✍ Drug elimination
- ✍ Young Parents Support Group for young parents (ages 13-19) providing information and referrals
- ✍ Father Support and Peer Leadership Program which focuses on working fathers and fathers to be ages 16-27 on issues related to their interest

New North Citizens Council (Youth United for Peace Program) (cont.)

- ✍ Housing Rehabilitation Program which provides programs to homeowners in rehabilitation and housing related services
- ✍ Many other programs offered
- ✍ Walk-ins welcome

Youth Action Coalition

256 N. Pleasant St., Amherst, MA 01003

1-413-253-2158

- ✍ Offers activities which promote self-esteem, creative expression, leadership development and youth activism
- ✍ Programs connect youth positively to their peers, adults, and their communities

Youth Leadership in the Arts

140 Pine St., Northampton, MA 01060 (Casa Latina)

1-413-320-3243

Contact: Beth Mattison

- ✍ Youth group based at Casa Latina
- ✍ Drug intervention, anti-violence
- ✍ Leaders experienced in helping with a resume, job search
- ✍ Referrals

YMCA

North End Youth Center

2633 Main St., Springfield, MA 01107

1-413-739-5820

YMCA of Greater Springfield

275 Chestnut St., Springfield, MA, 01109

1-413-739-6951

- ✍ Serves the greater Springfield area
- ✍ Meeting the critical needs of men and boys in the community
- ✍ Responsive and responsible services

Education and Employment Training:

Adult Education Center

18 Gaucher St., Springfield, MA 01109
1-413-787-7723

Open: Monday through Friday, 9am-4pm

- ✍ Hamden County service area
- ✍ Programs supplement to adult education
- ✍ Fees vary

Americorp

1-800-942-2677

- ✍ You decide where and how to serve
- ✍ Benefits include \$4725 educational award, living allowance, limited health benefits, child care assistance, and relocation expenses possible
- ✍ Clearing trails, disaster relief, renovating housing, tutoring kids
- ✍ Ages 18-24

Career Point

850 High Street, Holyoke, MA, 01040
1-413-532-4900

- ✍ Matching job seekers with job openings
- ✍ Resume and application development, interviewing and networking techniques
- ✍ Education and training options, workshops and short courses
- ✍ Self-assessment tools, help identify and market skills
- ✍ Access to personal computers, the Internet and new job search technologies

Centre for New Americans

17 New South St., Sullivan Square, Suite 301, Northampton, MA 01060
1-413-587-0084

Contact: James Ayres

- ✍ Adult basic education program
- ✍ Serving immigrants, refugees, and migrants
- ✍ Classrooms in Amherst, Greenfield, and Northampton

City Year (part of Americorps)

295 Columbus Ave., Boston, MA 02116
1-617-927-2500

- ✍ A corps of diverse young adults who dedicate at least a year of their lives to civic engagement and transformative service in communities across America
- ✍ 10 months of service with benefits
- ✍ Offers college counseling, weekly living stipends (taxable), and full uniform
- ✍ Fulltime members receive health insurance, child care benefits, and an education award of \$4725
- ✍ Assistance in finding roommates and affordable housing
- ✍ Ages 17-24

Community Adolescent Resource and Education Center

247 Cabot St., Holyoke, MA 01040

1-413-532-2900

Contact: Selenia Vasquez

Open: Monday through Friday, 9am-5pm

- ✍ Offer services to teen mothers ages 16-21
- ✍ GED testing and services

Franklin-Hampshire Career Center

243 King St., Northampton, MA 01060

1-413-586-6506

Contact: Ken Johnston

1 Arch Place, Greenfield, MA 01301

1-413-774-4361

Contact: Jim Parcels

- ✍ Educational assistance
- ✍ Job-finding activities, job list daily
- ✍ Referrals
- ✍ Some training
- ✍ Career exploration workshops on resume building, interviewing and networking
- ✍ GED teacher

Hampshire Educational Collaborative

97 Hawley St., Northampton, MA 01060

1-413-586-4900

Contact: Carmen Montes

- ✍ General educational assistance
- ✍ Special education, including counseling, evaluations, and GED services

Hilltown Community Development Corp

432 A Main Rd., Chesterfield, MA 01012

1-413-296-4536

Contact: Charlie Hayes, Social Services Manager

- ✍ Provide small business planning, training and referrals
- ✍ Economic, educational and social needs of the community

The Literacy Project

15 Bank Row, Suite C, Greenfield, MA 01301

1-413-774-3934 (Administrative Office)

- ✍ Classroom locations in Amherst, Greenfield, Northampton, Orange and Ware
- ✍ Please call the Administrative Office for information on programs

Martin Luther King Jr. Community Center, Inc.

3 Rutland St., Springfield, MA 01109

1-413-746-3655

Contact: Orlander Worthy (x 124)

Open: Monday through Friday, 9am-5pm

- ✍ Serves Hamden County
- ✍ After school tutoring, college planning, adult education, drug prevention, health and human services
- ✍ Contracts with state agencies

Massachusetts Career Development Institute

The Silvio O. Conte Center, 359 Dwight St., Holyoke, MA 01040

1-413-532-2683

- ✍ Employment needs, retraining of displaced workers and upgrading skills in the workplace
- ✍ Educational services: basic studies, ESL, GED
- ✍ Programs: office systems technology, environmental technology, nurses aide, electronic assembly/technology, machine technology, tool and die, computer technology certification

Nueva Esperanza (YouthBuild – GED program)

401 Main St., Holyoke, MA 01040

1-413-533-9442

- ✍ Delivers affordable housing, promotes community education, provides human service programs, encourages leadership within the community and facilitates economic development
- ✍ Services include entrepreneurial training, micro-business loans, counseling and technical assistance, merchant and resident association, as well as information and referrals

Pioneer Valley Adult Education Center

1 Brewster Court, Suite 1, Northampton, MA 01060

1-413-584-6755

- ✍ Education center
- ✍ Literacy project
- ✍ GED testing

Puerto Rican Cultural Center

38 School St., Springfield, MA 01107

1-413-737-7450

- ✍ GED and Pre-GED classes
- ✍ See info under Community Based Support and Advocacy

Upward Bound

303 Homestead Ave., Holyoke, MA 01040

1-413-552-2412

- ✍ For Chicopee and Holyoke, low income, first generation, high school students
- ✍ Year-round and summer courses at Holyoke Community College and UMASS
- ✍ Support toward college entry and follow-up

The US Government Office of Apprenticeship Training, Employer and Labor Services, Bureau of Apprenticeship and Training

Office of the Administrator, Room N4671

Frances Perkins Building, 200 Constitution Avenue, NW

Washington, DC 20210

1-202-693-2796

- ✍ An apprenticeship allows for learning a trade while receiving an hourly wage and other benefits
- ✍ On the job training
- ✍ Supplemental classroom instruction
- ✍ Work with an experienced “journeyperson”
- ✍ May take 1-7 years to complete, depending on the trade
- ✍ Also see Labor Sponsored Apprenticeships

Work Opportunity Center, Inc

1094 Suffield St., Agawam, MA 01001

1-413-786-8830

- ✍ Day vocational program for those physically and mentally challenged
- ✍ Finds work in the home or community
- ✍ Need referral through DMA, DMR, Mass Rehab and the local school system
- ✍ The fee will be set by Massachusetts rate setting commission
- ✍ Hamden County

YWCA YouthBuild Springfield

7 Orleans Street, Springfield, MA, 01109

1-413-733-9172

- ✍ Students construct or rehabilitate homes in their communities
- ✍ Development of career plans, preparation for job interviews, training from qualified construction instructors
- ✍ Students learn to advocate for issues that concern them and their communities
- ✍ Counseling and referrals to address issues such as child care, transportation, or substance abuse
- ✍ After graduating, students have access to resources and opportunities that can support and assist them as they advance their careers and educations

Labor Sponsored Apprenticeships:

*Also see US Government Office of Apprenticeship Training under Education and Employment Training

Boilmakers, Northeast Area JAC

297 Burnside Avenue
East Hartford, CT 01608
1-860-569-8368

**New England Laborers'
Apprenticeship**

37 East Street
Hopkington, MA 01748
1-508-544-9830

Cement Masons, Local #103

7 Prederik Street
Dorchester, MA 02124
1-617-825-7472

Painters, D.C. #35 Apprenticeship

25 Colgate Road
Roslindale, MA 02131
1-617-524-0248

Elevator Constructors, Local #4

645R Morrissey Blvd.
Dorchester, MA 02122
1-617-288-1547

Plumbers & Pipefitters, Local #104

168 Chicopee Street
Chicopee, MA 01020
1-413-594-5152

Floorcoverers, Local 2168

803 Summer Street, 2nd Floor
So. Boston, MA 02127
1-617-268-6318

Roofers & Slaters, Local #104

154 Grove Street
Chicopee, MA 01020
1-413-594-5291

H&P Engineers, Local #4

One Engineers Way
Canton, MA 02021
1-781-821-0306

**Sheetmetal Workers of Central MA &
VT, Local #63**

132 Steven Street
Springfield, MA 01104
1-413-733-8332

I.B.E.W., Local #223

P.O. Box 1238
Lakeville, MA 02347
1-508-947-8555

Springfield Electricians, Local #7

185 Industry Avenue
Springfield, MA 01104
1-413-737-2253

**Int. Union of Bricklayers & Allied
Craftsmen**

1124 Berkshire Avenue
Springfield, MA 01151
1-413-737-5999

Springfield Ironworkers, Local #357

154 Grove Street, P.O. Box 208
Chicopee Falls, MA 01020
1-413-592-1990

MA Millwrights, Local #1121

90 Braintree Street
Allston, MA 02134
1-617-254-1655

Western MA Carpenters, Local #108

29 Oakland Street
Springfield, MA 01108
1-413-736-2878

Colleges and Universities:

Amherst College

Amherst, MA 01002-5000

1-413-542-2000

www.amherst.edu

- ✍ Prestigious Liberal Arts College
- ✍ Four year program
- ✍ Students accepted for merit regardless financial situation
- ✍ Admitted students are guaranteed financial aid equal to their need

American International College

1000 State St., Springfield, MA 01109

1-800-242-3142

www.aic.edu

- ✍ Liberal Arts College
- ✍ Four year undergraduate programs
- ✍ Graduate programs
- ✍ Merit Scholarships available

Berkshire Community College

1350 West St.

Pittsfield, MA 01201

1-413-499-4660

www.cc.berkshire.org

Contact: Tina Schettini (x287)

Margo Handschu (x425)

- ✍ Two year associate degree program, one year certificate program
- ✍ Financial aid
- ✍ Student development for problem learners

Elms College

291 Springfield St., Chicopee, MA 01013

1-413-594-2761

www.elms.edu

- ✍ Catholic Liberal Arts College
- ✍ Four year program
- ✍ Offers financial aid and scholarships

Hampshire College

893 West St., Amherst, Massachusetts 01002

1-413-549-4600

www.hampshire.edu

- ✍ Progressive Liberal Arts College
- ✍ Personalized program

Hampshire College (cont.)

- ✍ Includes Self-initiated, individual programs
- ✍ Contact an admissions counselor and a financial aid representative

Greenfield Community College

One College Drive, Greenfield, MA 01301

1-413-775-1801

www.gcc.mass.edu

- ✍ Placement testing, financial aid, and tutoring services available
- ✍ Apply at the school
- ✍ Two year programs with one year certificate programs available

Holyoke Community College

303 Homestead Ave., Holyoke, MA 01040

1-413-552-2850

1-413-552-2150

www.hcc.mass.edu

- ✍ Offers 2 year Associates Degree, and one year certificate programs
- ✍ Contact the admissions counselor and a financial aid representative
- ✍ Offers financial aid and scholarships

Mount Holyoke College

50 College St., South Hadley, MA 01075

1-413-538-2000

www.mtholyoke.edu

- ✍ Prestigious women's liberal arts college
- ✍ Four year program
- ✍ Contact an admissions counselor and a financial aid representative

Smith College

Northampton, MA 01063

1-413-584-2700

www.smith.edu

- ✍ Prestigious women's liberal arts college
- ✍ Four year program
- ✍ Offers financial aid and scholarships

Springfield College

263 Alden St., Springfield, MA 01109-3797

1-413-748-3000

www.spfldcol.edu

Springfield Technical Community College

1 Armory St., Springfield, MA 01103

1-413-775-4985, Career Counselor

1-413-755-3333, Admissions

Springfield Technical Community College (cont.)

www.stcc.edu

- ✍ Career counseling and placement
- ✍ GED
- ✍ 2 year Associate degrees
- ✍ Certificates in technical, medical, computer engineering, dental fields
- ✍ Financial aid is available

University of Massachusetts – Amherst

Undergraduate Admissions Office, 37 Mather Drive, Amherst, MA 01003

1-413-545-0222

www.umass.edu

- ✍ Placement testing, financial aid, and tutoring services available
- ✍ Disability services available
- ✍ Four year programs
- ✍ Contact an admissions counselor and a financial aid representative

Western New England College

1215 Wilbraham Rd., Springfield, MA 01119

1-413-782-3111

1-800-325-1122

www.wnec.edu

- ✍ Integrated liberal arts and professional training
- ✍ Full and part time undergraduate programs, graduate programs

Westfield State College

P.O. Box 1630, Westfield, MA 01086-1630

577 Western Ave., Westfield, MA 01086-1630

1-413-572-5300

www.wsc.ma.edu

Small public college

Four year program

Offers financial aid and scholarships

Funding Formal Education:

Free Application for Federal Student Aid

1-800-433-3243

1-319-337-5665

1-800-730-8913 (TTY)

- ✍ Financial Aid for college/university studies
- ✍ Will respond to all questions concerning financial aid

Fund for Education and Training

1830 Connecticut Ave NW, Washington, DC 20009-5732

1-202-483-1242

<http://www.nisbco.org/FEAT.htm>

- ✍ Organized by the Center on Conscience and War
- ✍ Loans for Conscientious Objectors to draft registration
- ✍ Links to more info and alternative sources for college funding

Internet Resources

www.fastweb.com

www.collegenet.com/mach25

www.college-scholarships.com

www.srnexpress.com/login

www.finaid.org/scholarships

apps.absolutelyscholarships.com/exec/scholarship

www.apollo.gmu.edu/finaid/htmldocs/searches

www.theoldschool.org/scholars.asp

www.salliemae.com

www.collegeview.com

www.wirescholar.com

www.scholarships.com

www.collegeboard.com

www.collegescholarships.com

Transportation:

Home Free Program

3080 Lincoln Ave., Chicago, IL 60657

1-800-621-4000

1-800-RUNAWAY

- ✍ Offered through Greyhound Lines, Inc
- ✍ For runaway children returning home
- ✍ Must be between the ages of 12-20
- ✍ A missing persons reports must have been filed
- ✍ Up to age 18 you will return home to your parents and for older youth, you may return to an independent living facility near your hometown
- ✍ Provides resources in your community after the move
- ✍ First, talks with you, then will conference call with your parents, then call Greyhound

PVTA Bus

1-413-586-5806

1-413-781-PVTA

- ✍ Provides public transportation in 24 communities throughout the Pioneer Valley
- ✍ 43 bus routes
- ✍ Priority van service for elderly and disabled

Registry of Motor Vehicles

1-800-858-3926 (call for road test)

Sites in Western MA include: Chicopee, Easthampton, Greenfield, Hadley, Pittsfield, Springfield and Worcester